



Our Whole-School Nurture Award

Helping every child feel safe, valued and ready to learn

Working together to nurture happy, confident and resilient children.

What is nurture?

Nurture is about understanding and supporting the social, emotional and developmental needs of every child. We recognise that children learn best when they feel safe, cared for, understood and valued.

At our school, nurture is not just something that happens in one classroom. It is an approach that runs throughout the whole school, helping to create a welcoming, inclusive environment where every child has the opportunity to thrive.

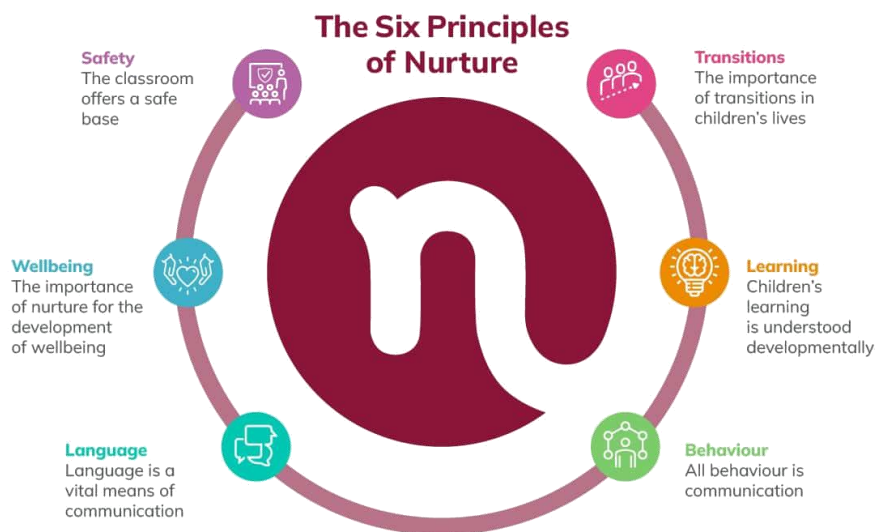
By building positive relationships, encouraging emotional wellbeing and providing the right support at the right time, we aim to help every child develop the confidence, resilience and skills they need to succeed both in school and beyond.

Our Whole-School Nurture Award

As part of our Whole-School Nurture Award journey, we are committed to embedding the six principles of nurture into all aspects of school life.

This means that nurture is reflected in our classrooms, playgrounds, relationships, routines, learning experiences and the way we support children through challenges.

Our aim is to ensure that every child feels they belong, that their voice matters and that they have trusted adults who will listen, encourage and support them.



Authors: Eva Holmes and Eve Boyd

Nurture in Every Part of Our School

Our whole-school approach means that the principles of nurture are woven into everyday school life.

We aim to:

- Build positive, trusting relationships between children and adults.
- Create calm, safe and welcoming learning environments.
- Promote kindness, empathy, respect and a sense of belonging.
- Help children recognise and manage their emotions.
- Encourage independence, resilience and problem-solving.
- Support children to understand their behaviour and make positive choices.
- Celebrate individual strengths, achievements and progress.
- Work in partnership with parents and carers to support each child's needs.

Our Nurture Classroom

Alongside our whole-school approach, we offer a dedicated **Nurture Classroom**, where small groups of children can come together in a supportive, welcoming environment.

Through carefully planned activities, games, discussion and shared experiences, children have opportunities to explore the six principles of nurture in a practical and meaningful way.

The Nurture Classroom can help children to:

- Develop friendships and positive relationships.
- Recognise, name and talk about their feelings.
- Build self-esteem and confidence.
- Develop listening, sharing and turn-taking skills.
- Practise problem-solving and managing disagreements.
- Learn strategies for coping with worries and strong emotions.
- Develop independence, resilience and a sense of achievement.

The classroom provides additional opportunities for children to practise these skills with supportive adults and peers, helping them apply what they learn to everyday school life.

Exploring Nurture in Different Ways

We believe that children learn about themselves, their emotions and their relationships in many different ways. Our nurture programme includes a range of engaging experiences to support children's individual interests, strengths and needs.

Emotional Literacy

Children learn to recognise and name their emotions, understand how feelings affect their thoughts and behaviour, and develop healthy ways to express themselves. Through stories, games, conversations and practical activities, we help children build emotional awareness and empathy.

Art Room Project

Creative activities provide children with opportunities to express themselves, explore feelings and communicate in ways that do not always rely on words. Through drawing, painting, making and collaborative projects, children can develop confidence, creativity, concentration and pride in their achievements.

Forest School Activities

Outdoor learning provides opportunities for children to explore nature, take appropriate risks, work together and develop independence. Through woodland and nature-based activities, children can build resilience, practise teamwork, solve problems and experience the calming benefits of being outdoors.

Friendship and Relationship Building

Group activities encourage children to listen, cooperate, share, understand different perspectives and develop positive friendships. We help children learn that relationships take time, kindness and respect.

Wellbeing and Emotional Regulation

Children explore practical strategies to help them manage worries, frustration and big feelings. These may include breathing exercises, movement, sensory activities, quiet reflection and identifying trusted adults who can help.

Confidence, Resilience and Independence

Through achievable challenges, responsibility and positive encouragement, children learn to recognise their strengths, persevere when things feel difficult and celebrate their progress.

And much more!

Our nurture approach continues to grow as we discover new ways to help children feel connected, supported and ready to learn.

Working Together with Parents and Carers

Parents and carers play a vital role in children's emotional wellbeing and development. By working together, we can help children experience consistent support, encouragement and understanding at home and at school.

We welcome communication with families and value the knowledge parents and carers have about their children. Sharing successes, discussing concerns and celebrating progress helps us provide the best possible support.

You can support nurture at home by:

- Making time to listen to your child's thoughts and feelings.
- Helping your child name and talk about emotions.
- Celebrating effort, progress and small achievements.
- Encouraging kindness, independence and problem-solving.
- Reassuring your child that it is okay to make mistakes and ask for help.

Our Shared Vision

We want every child to know that they matter, that they belong and that they can achieve.

By placing nurture at the heart of our school, we aim to create an environment where children feel emotionally secure, develop positive relationships, grow in confidence and are ready to embrace learning.

Together, we can nurture brighter futures.